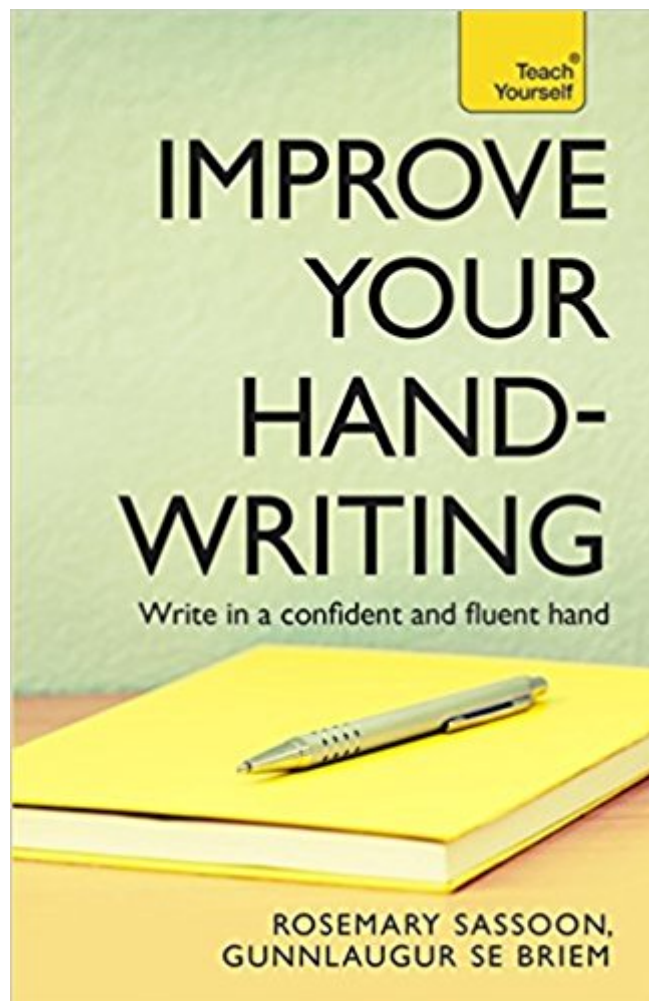


The book was found

# Improve Your Handwriting (Teach Yourself)



## Synopsis

Does your handwriting reflect the image you want to project? The way you write mirrors your mood and character. It is one of the main ways in which you communicate with the world, and the clarity and technique of your writing will be interpreted by others in many ways. This practical and informative book will help you to improve your handwriting and find a mature, attractive and individual style. It is specifically written for adults and uses self-diagnosis to identify problems and provides exercises for improving your script. In a digital age where writing by hand remains a vital skill, this book covers everything from holding a pen and retraining bad habits, to the difficulties that left handers face and problems that may be caused by medical conditions. It shows how to write quickly and clearly when desired, and beautifully when desired. Experiment with the way you write and choose the style that suits you best, enabling you to write quickly and legibly when it really matters.

## Book Information

Series: Teach Yourself

Paperback: 192 pages

Publisher: Teach Yourself; 1 edition (June 25, 2010)

Language: English

ISBN-10: 1444103792

ISBN-13: 978-1444103793

Product Dimensions: 5 x 0.5 x 7.8 inches

Shipping Weight: 5.6 ounces (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars 49 customer reviews

Best Sellers Rank: #25,737 in Books (See Top 100 in Books) #13 in [Books > Reference > Words, Language & Grammar > Handwriting](#) #1310 in [Books > Textbooks > Education](#) #1905 in [Books > Education & Teaching > Schools & Teaching](#)

## Customer Reviews

"This book helped me to easily diagnose what went wrong and how to set about improving my writing" – Tanya - reviewer

Rosemary Sassoon is a handwriting consultant specialising in the educational and medical areas. Her background is in lettering and design, but her fieldwork and research into adult problems form the basis for this book. She lectures widely and is the author of several books. Gunnlaugur SE

Briem is a designer with a Ph.D from the Royal College of Art in London who divides his time between Britain and California. He has taken an active interest in the experimental teaching of italic handwriting in his native Iceland. He is on the advisory board of Visible Language and has designed several typefaces, including a new family for the Times newspaper.

This is a cool little book, a very satisfying and useful look at the mechanics of handwriting. Other books teach particular sets of letterforms. This book does that, too -- with a template that emphasizes ergonomics and legibility. But the authors maintain that perfectly copied letterforms look immature, and an adult hand will have been customized to suit its writer. To help you make your writing your own, the book shows how strokes, letters, and connectors work so that you can change the template without the handwriting falling apart. These same ideas let you make ergonomic/legibility changes to your existing handwriting without learning an entire new alphabet if you prefer.

Actually useful and will help you change how you write IF and ONLY if you commit to the exercises. Only wish it had more exercises and more clear explanations for them.

I am left-handed and recently had surgery on left rotator cuff, so I purchased this book in advance to practice writing with my right hand. It has been very helpful, although I had hoped for larger practice pages. I didn't read the description carefully, so not disappointment by that. I was able to practice and have been able to communicate clearly in writing.

This book is well done and geared to help adults fix their handwriting. If you follow the exercises, it works. The authors seem to be British and the text leans towards the italics style of writing. After working on this book for a while I moved into learning italics, which has been fairly easy and fun. My hand writing has never looked better.

Excellent! Practical and ideal for non children. A book to be preserved and referred to whenever you feel your handwriting failing or tiring you. And yes, you do need handwriting, even with PCs and keyboards all around you.

I bought this book because the older I get, the bigger and more out of control my writing gets. As I entered my sixties I realized how many incredible events I have seen in my lifetime and decided to

leave an account for posterity that will actually be legible. AND IT'S FUN!

It goes from basics to advance in a nice easy slope. I like how it offers alternative styles along the ways. It also offers many sections meant to improve one's handwriting, rather than retooling it outright. This has made it infinitely more useful to me. As an adult i can't afford the time to start from scratch, it is great that i can improve on what i already have through this book.

Quite close to what I needed. Not calligraphy, but handwriting improvement. No supervision needed. Lacks a few chapters, on capital letters and block letters. Chapter on linking exercises could be a bit longer too. Great value though.

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